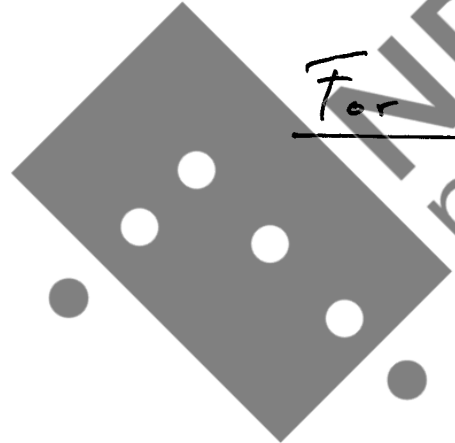


u MIND OR BOD ? u

 For 2 percussionists

Bjorn Bolstad Skjelbred 1998

## Percussion 1

Timpani (A)  
Dobachi (large) to be placed on timpani  
5 octobans  
4 almglocken  
Tam tam  
Metal block (anvil)  
sizzle cymbal  
ord. cymbal  
Vibraphone  
4 temple blocks

## Percussion 2

China-cymbal  
gong  
Windchimes  
3 bongos  
Manimba  
small dobachi  
Bass drum w/ pedal  
splash-cymbal  
sizzle cymbal  
ord. cymbal  
5 tomtoms  
Metal block (anvil)

## Nomenclatura:

Windchimes: } } glissandos from high to low, relative duration.

$\frac{z}{}$  - tremolo, as fast as possible

l.v. or  $\frown$  - let-sound

$\cdot /$  - repeat the last figure

$\sqrt{\Pi}$  - open beams - repeat the first note/chord.

## Stage positions

Each side of the stage, with some distance from each other, but not more than 7-8 meters apart.

①

②

Audience

## Duration:

Approx. 10-12 minutes

'Mind or body?' is written to Casius Duo, and it is based on the solo piece 'Head or Gut?' (-16) written to Audre Fjortoft.

4/4 **A**  $\downarrow = ca. 80$

1 timp. w/ dobachi

2 ff ch. cymb. w. chimes l.v. gong

hard mallets octo's

mf

Acc. e. cresc. Rit. e dim. ( $\downarrow = ca. 100$ )

bongo's w/sticks flam

7 Rit. e dim. ( $\downarrow = ca. 70$ ) **A1**  $\downarrow = 80$

1 timp. w/ dobachi octo's

2 flam ch. cymb. gong l.v. bongo's flam

mf

ff

Acc. e. cresc.

13 Rit. e dim. ( $\downarrow = ca. 100$ ) ( $\downarrow = ca. 70$ )

1 octo's

2 flam

mf

**A2**  $\downarrow = 80$

19 timp. w/ dobachi octo's

2 ch. cymb. w. chimes Marimba soft mallets pp

mf

3

♩ = 160

**B**

♩ = 80

25

1

2

*ff*

*mf*

bongos

chaymb.

gong

metal block  
small cymbals  
splash cymbals

Bass drum  
\*/pedal

30

1

2

*ff*

*mf*

*f*

alungloken

bongos

35

1

2

*ff*

*mf*

*f*

alungl.

bongos

39

1

2

*pp*

*mf*

*ff*

*mf*

*ff*

*ff*

alungl.

bongos

*Alungl.*

Handwritten musical notation for *Alungl.* measures 41-45. The notation is on two staves (1 and 2). Measure 41 starts with a treble clef, a key signature of one flat, and a time signature of 8/8. Above the staff are markings for 11, 8, and 43. The music features various rhythmic patterns, including triplets and sixteenth notes. Dynamics include *ff*, *mp*, *ff*, *mt*, and *f*. Above the staff, there are markings for 6, 4, 3, 3, 3, 3, 3, 3, 3, 3, 5, and 4. A bracket spans measures 41-45.

B<sub>1</sub>

*Bongo's*

Handwritten musical notation for *Bongo's* measures 46-50. The notation is on two staves (1 and 2). Measure 46 starts with a treble clef, a key signature of one flat, and a time signature of 8/8. Above the staff are markings for 46. The music features various rhythmic patterns, including triplets and sixteenth notes. Dynamics include *f*, *pp*, *pp*, and *f*. Above the staff, there are markings for *metal block*, *mt*, *k*, *mt*, *mt*, *f*, *mt*, and *f*. A bracket spans measures 46-50.

*alungl.*

Handwritten musical notation for *alungl.* measures 51-55. The notation is on two staves (1 and 2). Measure 51 starts with a treble clef, a key signature of one flat, and a time signature of 8/8. Above the staff are markings for 51. The music features various rhythmic patterns, including triplets and sixteenth notes. Dynamics include *pp*, *mt*, *f*, *mt*, *pp*, *p*, *mt*, and *mt*. Above the staff, there are markings for *alungl.*, *5*, *3*, *3*, *alungl.*, and *octo's + metal bl.*. A bracket spans measures 51-55.

C

Handwritten musical notation for section C, measures 56-60. The notation is on two staves (1 and 2). Measure 56 starts with a treble clef, a key signature of one flat, and a time signature of 8/8. Above the staff are markings for 56. The music features various rhythmic patterns, including triplets and sixteenth notes. Dynamics include *tit.*, *bitum*, *gong f*, *f*, *f*, *f*, *f*, *f*, and *f*. Above the staff, there are markings for *tauntam*, *timp w/ Dohachi*, *sizzle cymb*, *tauntam arco*, and *crot.*. A bracket spans measures 56-60.



62

1 *f* *pp* *f* *pp* *mt*

2 *p* *f* *ff* *mp* *pp*

Instrumentation: *cymb. arco*, *small labachi*, *gong*, *ch cymb*, *Martimba*, *soft mallets*, *sizzle cymb*

67

1 *mt* *f* *mp* *f* *pp* *f*

2 *mt*

Instrumentation: *tamtam arco*, *timp. w/ labachi*, *crot.*, *sizzle cymb.*, *tamtam*

73

1 *slide* *tr./prot. sticks - tamtam* *crot.* *mt* *pp*

2 *mp*

Instrumentation: *slide*, *tr./prot. sticks - tamtam*, *crot.*, *tamtam*

80

1 *mt* *Vibr.* *rit.*

2 *mp* *pp* *rit.*

Instrumentation: *tamtam*, *Vibr.*

G

85 Dead-strokes octos

1 *mf* *Crat.*

2 Dead-strokes *f* *Tamtam* *Mar.* *p*

90 Vibrato

1 *p*

2 *mf*

94

1 *f* *rit.*

2 *f* *rit.*

98

1 *triangle-stick* *Alung.* *PP* *tamtam (w/tri-stick)* *p*

2 *dobachi mp* *metalblock* *ppp* *ch. cymb.* *gong* *mf* *zizle* *mp* *dobachi metalst.* *pp* *ch. c.* *gong* *mp*

103 (alm. gl.)

1 *octav's Metalblock*

2 *sizze w.ch.* *pp* *Tom toms* *Metalblock* *ff*

2 4

107

1 *Vibr.* *Repeat 2. last figures*

2 *Mar.* *mp* *Repeat 2. last figures*

4  $C_2$

111

1 *4-8x*  $\overset{3}{A} = \overset{3}{A}$  *4-8x* *shift feeling* *4-8x*

2 *4-8x*

115

1 *6-10x* *4-8x* *4-8x* *4-8x* *4-8x*

2 *4-8x* *ff*

*poco à poco cresc.*



119 (♩ = 80)

1. v. octos metal block

2. tam-tams metal block b. drum

mf ff

122

1. ff p

2. ff

mf

bongos

125

1. tam-tam cymb. area

2. bongos mf

mp

ch. cymb.

gong mp

w/brushes mf

trmp. w/brushes

Vib.

Mar.

mf

♩ = ca. 70

130

Alung.

pp

1. octos/m. bl.

2. Tam-tams metal bl. b. drum

f

♩ = 80

C4

134

1 *Crot.*

2 *Flac.*

*f* *mf* *mp* *f*

*Vib.*

140

1 *Vib.*

2

*ff* *p* *f* *ff* *mf*

*u. sl.* *tom's* *tom'toms* *b drum.*

*x cymb* *octvs*

*D* (!=80)

145

1 *flam*

2

*p* *ff* *ff*

151

1 *p* *f* *flam*

2 *mp* *f* *mf* *fp* *ff*

*u. sl.* *flam*

156

flam  
flam  
flam  
mp

161

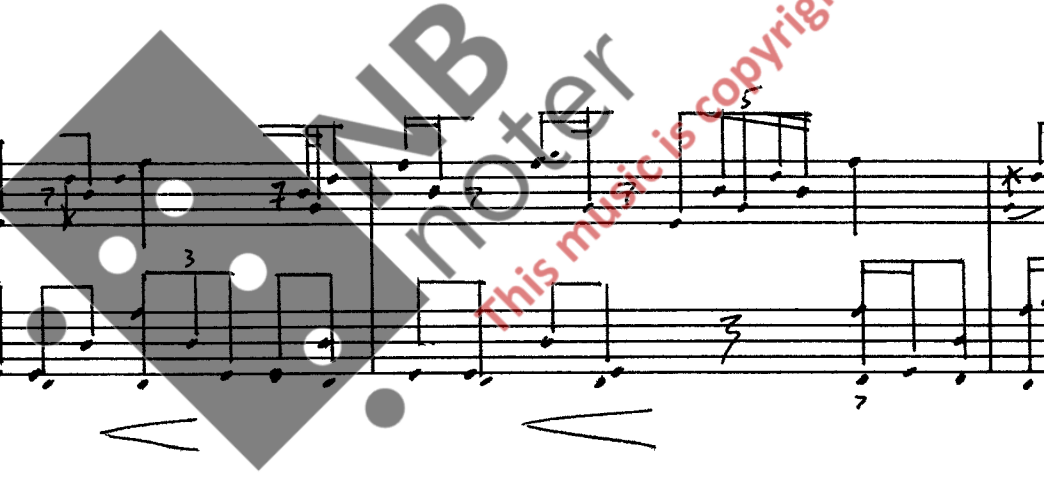
alungl.  
bongo's  
f

165

f

170

alungl./tupl. bl's  
bongo's  
mf



174

Handwritten musical score for measures 174-178. The top staff contains melodic lines with various ornaments and slurs. The bottom staff contains a rhythmic accompaniment. Annotations include "i + ampl. 5/7", "5", "3", "3", "3", "3", "4", "5", "octo's", "4", "4", "tutti's", "pp", "f", "p", and "f".

179

Handwritten musical score for measures 179-184. The top staff contains melodic lines with various ornaments and slurs. The bottom staff contains a rhythmic accompaniment. Annotations include "ff", "p", and "bongo's".

185

Handwritten musical score for measures 185-190. The top staff contains melodic lines with various ornaments and slurs. The bottom staff contains a rhythmic accompaniment. Annotations include "pp", "bongo's", "pp", "f", "ff", "4", "5", "3", "3", "3", "3", "4", "5", "3", "3", "3", "4".

190

Handwritten musical score for measures 190-195. The top staff contains melodic lines with various ornaments and slurs. The bottom staff contains a rhythmic accompaniment. Annotations include "4", "4", "octo's", "mf", "tutti's", "mf", "fp", "ff", "ff", "bongo's".



196

1  
2

pp ff mp

202

1  
2

pp ff f

206

1  
2

f p f

212

1  
2

f mp

x) These figures doesn't have to be in unison.



218

1

2

*poco a poco cresc.*

*poco a poco all. e cresc.*

222

1

2

$\frac{7}{7} \frac{7}{7} \frac{7}{7} = \frac{21}{21} / 1 = 120$

*fff*

*ch. cymb*

*gong*

*fff*

*timp. w/obachi*

*♩ = ca. 80*

*wich.*

*ch. cymb*

*splash*

*cymb. arco*

*p*

229

1

2

*tambour w/tra-stick*

*sizzle*

*Vertrict 6/8-98*

*Byron Bulstad Skjilbred*